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# International College of Herbal Medicine

Specialists in Herbal Education

1st June 2012  
General Newsletter

ICOHM, 18 B Sirrah St, Wainui, Gisborne 4010 NZ  
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Winter Newsletter – Matariki and Solstice greetings

## 2012 Summer in North America

**New Jersey, Woodstock, Wisconsin, Toronto  
with Isla Burgess**

*Check to see if any of these participatory workshops are happening near you.*

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in North America

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available at ICOHM next  
Semester

3 About the *Collaborative  
Process Inquiry*

**Don't forget to  
become an ICOHM  
Subscriber, Webinars,  
Library access, Sign  
up gift and more...**



### In New Jersey June 16<sup>th</sup> and 19<sup>th</sup>

**Developing the Plant/Person Relationship** Tuesday June 19<sup>th</sup>, 2012 5 -  
9pm in Changewater, NJ (Nr Washington, NJ)

**Plant/Person Relationship in Healing** Saturday June 16<sup>th</sup>, 2012 10am-5pm  
Hopewell NJ (nr. Princeton)

*Please let Tish Streeten ([tish@streeten.net](mailto:tish@streeten.net)) know if you are interested in either  
of these events and for more details.*

### Wise Woman Center near Woodstock, June 23 – 24

Plant Immersion, Incubation and Inspiration  
The Plant/Person Relationship

Go to

[www.herbalmedicinehealing.com/store/store\\_results.asp?Category=3&SubCat=1007&Section=One%2DDay+Workshop](http://www.herbalmedicinehealing.com/store/store_results.asp?Category=3&SubCat=1007&Section=One%2DDay+Workshop)

### Wisconsin, US in July 2012

**The Midwest Women's Herbal Gathering**, June 29, 30 and July 1, 2012

**Pre- Conference Intensive with Isla Burgess**

Find out more on <http://www.midwestwomensherbal.com/>

**Plant/Person Relationship in Healing June 6,7,8, 2012**

<http://www.moonwiseherbs.com/classes-and-workshops/wise-woman-guest-herbal-series>

### Toronto, Canada, July 13 to 15

**Women and Hormonal Imbalance** July 13, 6-9pm

**Unique, inspiring, intense. The Plant/Person Relationship in  
Healing** July 14/15, 10-4pm

**Contact** [redden@viriditasherbalproduct.com](mailto:redden@viriditasherbalproduct.com) for further details.

## ICOHM Subscribers News

### The next Webinar will be with Dr. Nicky Baillie

**Topic :** "Combining Complementary and Conventional Approaches in People with Cancer".

**Date:** July 27<sup>th</sup>

**Time:** 2pm NZ time

*Don't miss this chance to hear Dr Nicky Baillie, one of the most experienced Herbal Medicine Practitioners in New Zealand combining her medical and complementary approaches. You do need to be a 'ICOHM Subscriber' to participate.*

### To Subscribe?

Please go to [www.HerbCollege.com](http://www.HerbCollege.com) website and 'click' on 'Become an ICOHM Subscriber'. That will take you through to the Registration Form.

Complete that and 'click' on 'Subscribe Now' and that will take you through to Paypal. Paypal is set up to charge your account US\$10.00 a month for 12 months – a requirement for access.

If you are in NZ and/or this is not OK for you please contact us on [admin@HerbCollege.com](mailto:admin@HerbCollege.com) for other payment options.

## Of course all ICOHM courses and units are available as usual.

### Enroll for courses On Line...

- **Grassroots Herbal Medicine** continues to be our most popular unit along with **Manufacturing Herbal Medicines**
- Individual units from Year One are all available. **Botany and Herbal Medicine, Children and Babies**, for example, continue to be very popular.
- **Anatomy and Physiology**  
Linda Kloosterman has prepared an excellent course in an interactive accessible format. This is available now.

You can still enroll for Years Two and Three for;

- the Clinical Diploma in Herbal Medicine
- The Post-Graduate units can also be studied individually.

Our Prospectuses are available on-line at [www.HerbCollege.com](http://www.HerbCollege.com) or by contacting [admin@HerbCollege.com](mailto:admin@HerbCollege.com)

**[Enrolments on-line at www.HerbCollege.com](http://www.HerbCollege.com)**



## Can we change the way we work together?

### An Emerging Creative Process

By Isla Burgess

We live in a world where, at least in the developed world mainstream science is the dominant paradigm. This has led to the world we live in today where that objectification of the world is leading us along a path to increasing extinction of species and loss of biodiversity, environmental degradation, economic turmoil and the dwindling of resources.

There are signs of a recognition of these issues facing us as a species, manifesting in the growth of vegetable gardening, community gardens, Transition Town initiatives and community responses to the policies and projects planned by that dominant paradigm.

There is also an awareness that the ways we work together to embrace the diversity of 'world views' and to harness the energy that emerges from such connections needs to be different from the past where often one group dominates or 'colonises' another.

One such different way is a process called 'Collaborative Process Inquiry'. This is in its infancy globally evolving as a way to empower people and change the dominant 'world view'.

*CPI treats social projects and processes as inherently collaborative and participative. It sees that not only does each individual have a unique contribution to make, but that successful and sustainable projects are those that harness these contributions.*

*By creating spaces in which participants are able to participate, groups and organisations are enabled to act more reflectively with the awareness of the complex system which they all comprise. The awareness of how each individual participates in the whole initiative enables a group to function at a point where the initiative is more than the sum of its parts.*

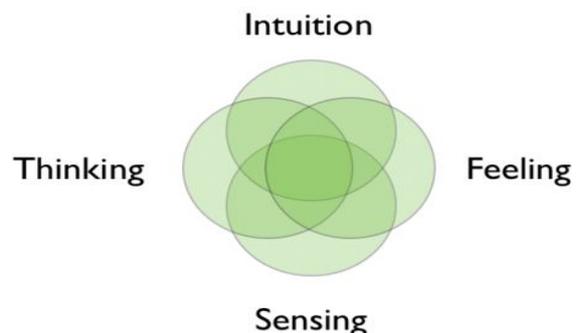
CPI is a tool for engagement and participation. Experience shows that when stakeholders have taken part in a fair and equitable decision-making process, they are far more likely to agree to an outcome, even if it might not be their first choice solution.

In Tairāwhiti, Gisborne, New Zealand, Roland Playle (UK) facilitated two such workshops and two training sessions.

The focus for the first inquiry 'What is Health in this Community?' gave participants an opportunity to experience the process over three days bringing together Rongoa Maori Practitioners, Medical Doctors and a Public Health Nurse, Maori from the Social sector, (CEO's from Maori



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Health Providers), a Human Rights commissioner and other interested parties.

Inspired by the Jungian Mandala that allows all the dimensions of 'how we function' in the world (see Fig above) the process takes participants through a deepening experience of relationship with the topic. Strategies emerge but not only from the thinking mind. It is the engaging of all the parts that ensures authenticity, respect and equality and the '*sharpening of the organs of perception*'.

The second Collaborative Inquiry was held at Te Aitanga a Hauiti Hauora at Te Rāwheoro Marae in Ūawa – Tolaga Bay. The topic 'How to re-awaken the relationship between food, health and the environment'.

My personal view is that this approach to collaborative inquiry creates the potential for clarity around a topic, the outcomes indeed being greater than the 'sum of the parts', identifies new strategies as well as giving focus and further 'push' for existing ones. It also allows for a deeper personal reflection on how we each 'see' the world.